

LEADERSHIP MENTORSHIP PROGRAM

APPLICATION

Experience Is The Advantage Foundation

Purpose: This application helps EITA understand your leadership experience, goals, areas of growth, and what you hope to gain from a mentoring relationship. The program is designed to help experienced women strengthen leadership capacity, expand visibility and influence, navigate transitions, and intentionally build their next chapter.

Please complete all applicable sections. Information provided will be used for program selection and mentor matching.

1 | Applicant Information

Full Name: _____

Preferred Name: _____

Email: _____

Phone: _____

City/State: _____

LinkedIn Profile: _____

Current Job Title / Professional Role:

Organization / Company: _____

Industry / Field: _____

Years of Professional Experience: _____

2 | Career & Leadership Profile

Which best describes your current season? Check all that apply.

- ☐ Currently employed and seeking advancement
- ☐ Executive / senior leader
- ☐ Manager / people leader
- ☐ Career transition / job search
- ☐ Recently laid off or displaced
- ☐ Entrepreneur / business owner
- ☐ Consultant / fractional leader
- ☐ Preparing for entrepreneurship
- ☐ Returning to the workforce
- ☐ Seeking board or community leadership opportunities
- ☐ Exploring what is next
- ☐ Other: _____

Briefly describe your professional background and leadership experience.

What are three strengths you bring as a leader?

- 1.

- 2.

- 3.

What is one professional accomplishment you are especially proud of, and why?

3 | Your Next Chapter

What are you hoping to accomplish in the next 12–24 months?

Which areas would you most like mentorship support in? Select up to five.

- ☐ Leadership development
- ☐ Executive presence
- ☐ Career advancement / promotion
- ☐ Career transition
- ☐ Personal brand and professional visibility
- ☐ Networking and relationship building
- ☐ Executive communication
- ☐ Confidence and self-advocacy
- ☐ Negotiation/compensation
- ☐ Entrepreneurship / consulting
- ☐ Board service
- ☐ Public speaking/thought leadership
- ☐ Technology / AI readiness
- ☐ Financial/economic mobility
- ☐ Work-life integration
- ☐ Community leadership/legacy
- ☐ Other:

What is the biggest professional or leadership challenge you are navigating right now?

If this mentoring experience is successful, what will be different for you?

4 | Mentor Match Preferences

What qualities, experience, or perspective would be most valuable in a mentor?

Are there particular industries, functions, or leadership experiences you would prefer your mentor to have?

Preferred mentoring format:

- ☐ In person
- ☐ Virtual
- ☐ Hybrid
- ☐ No preference

Preferred meeting frequency:

- ☐ Twice per month
- ☐ Monthly
- ☐ Other: _____

Please list any accessibility, scheduling, or participation considerations that would help us create a productive mentoring experience.

5 | Commitment & Readiness

Mentorship works best when both participants are prepared, responsive, open to feedback, and committed to action.

- ☐ I am prepared to attend scheduled mentoring sessions consistently.

- ☐ I will communicate promptly if I need to reschedule.
- ☐ I am open to constructive feedback and different perspectives.
- ☐ I am willing to complete agreed-upon action steps between sessions.
- ☐ I understand that a mentor can provide guidance, perspective, and connections but cannot guarantee employment, promotion, funding, clients, or other outcomes.
- ☐ I will respect the mentor's time, boundaries, and confidentiality.

What are you prepared to contribute to making this mentoring relationship successful?

6 | Community & Legacy

How do you currently give back, mentor others, serve your community, or support other women?

How would you like to use what you gain from this program to help someone else?

7 | Additional Information

Is there anything else you would like EITA to know when considering your application or matching you with a mentor?

8 | Applicant Agreement

By signing below, I confirm that the information in this application is accurate to the best of my knowledge. I understand that submitting an application does not guarantee acceptance or a specific mentor match. If selected, I agree to participate respectfully, communicate professionally, protect confidential information shared within the mentoring relationship, and make a good-faith effort to fulfill the program commitments.

Applicant Signature: _____

Date: _____

For EITA Use Only

Application Received	
Application Status	☐ Accepted ☐ Waitlist ☐ Not Selected
Recommended Mentor	
Primary Development Focus	
Notes	

YOUR EXPERIENCE IS YOUR ADVANTAGE.

Experience Is The Advantage Foundation

www.eitafoundation.org | info@eitafoundation.org | 972-454-0184